

# We Walk Races

## Results

| Pl.                          | Bib | Name                  | Age | Age Group    | City        | State | ChipTime | Pace  |
|------------------------------|-----|-----------------------|-----|--------------|-------------|-------|----------|-------|
| 50k                          |     |                       |     |              |             |       |          |       |
| Mixture of Walking & Running |     |                       |     |              |             |       |          |       |
| Female                       |     |                       |     |              |             |       |          |       |
| F40-44                       |     |                       |     |              |             |       |          |       |
| 1.                           | 95  | Emily Victory         | 41  | Female 40-44 | Watertown   | MN    | 8:49:15  | 17:02 |
| DNF                          | 96  | Emily Wisch           | 41  | Female 40-44 | Gaylord     | MN    |          |       |
| F50-54                       |     |                       |     |              |             |       |          |       |
| DNS                          | 58  | Jennifer Burns        | 53  | Female 50-54 | Duluth      | MN    |          |       |
| Male                         |     |                       |     |              |             |       |          |       |
| M50-54                       |     |                       |     |              |             |       |          |       |
| DNS                          | 65  | Rahsul Freeman        | 50  | Male 50-54   | Spring      | TX    |          |       |
| Walking                      |     |                       |     |              |             |       |          |       |
| Female                       |     |                       |     |              |             |       |          |       |
| F40-44                       |     |                       |     |              |             |       |          |       |
| 1.                           | 89  | Rachel Van Hale Henke | 43  | Female 40-44 | Mounds View | MN    | 7:54:37  | 15:16 |
| F50-54                       |     |                       |     |              |             |       |          |       |
| DNS                          | 60  | Anna Ulrey            | 52  | Female 50-54 | madison     | WI    |          |       |
| Male                         |     |                       |     |              |             |       |          |       |
| M35-39                       |     |                       |     |              |             |       |          |       |
| 1.                           | 105 | Mitch Schroeder       | 36  | Male 35-39   | Eagan       | MN    | 7:46:13  | 15:00 |
| Marathon                     |     |                       |     |              |             |       |          |       |
| Mixture of Walking & Running |     |                       |     |              |             |       |          |       |
| Female                       |     |                       |     |              |             |       |          |       |
| F35-39                       |     |                       |     |              |             |       |          |       |
| 1.                           | 104 | Shamayne Braman       | 36  | Female 35-39 | Minneapolis | MN    | 5:19:51  | 12:12 |
| F40-44                       |     |                       |     |              |             |       |          |       |
| 1.                           | 98  | Arianna Schindle      | 40  | Female 40-44 | Nyc         | NY    | 6:19:12  | 14:28 |
| F55-59                       |     |                       |     |              |             |       |          |       |
| 1.                           | 54  | Karin Monosmith       | 55  | Female 55-59 | Pine Island | MN    | 6:42:30  | 15:21 |
| F60-64                       |     |                       |     |              |             |       |          |       |
| 1.                           | 29  | Diana Trzebiatowski   | 63  | Female 60-64 | Amherst     | WI    | 6:18:31  | 14:26 |
| Male                         |     |                       |     |              |             |       |          |       |

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|---------|-----|-----------------------|-----|--------------|--------------|-------|----------|-------|
| M70-74  |     |                       |     |              |              |       |          |       |
| 1.      | 127 | Craig Swanson         | 71  | Male 70-74   | Plymouth     | MN    | 6:39:12  | 15:14 |
| M75-79  |     |                       |     |              |              |       |          |       |
| 1.      | 122 | Phil Nomura           | 76  | Male 75-79   | Maple Grove  | MN    | 6:40:28  | 15:17 |
| Running |     |                       |     |              |              |       |          |       |
| Male    |     |                       |     |              |              |       |          |       |
| M70-74  |     |                       |     |              |              |       |          |       |
| 1.      | 6   | Mike Swanson          | 73  | Male 70-74   | plymouth     | MN    | 6:38:58  | 15:13 |
| Walking |     |                       |     |              |              |       |          |       |
| Female  |     |                       |     |              |              |       |          |       |
| F40-44  |     |                       |     |              |              |       |          |       |
| 1.      | 93  | Juliane Stolzenbach   | 42  | Female 40-44 | St. Paul     | MN    | 6:53:57  | 15:47 |
| 2.      | 94  | Julia Despain         | 42  | Female 40-44 | Iowa City    | IA    | 7:51:45  | 18:00 |
| 3.      | 86  | Katie Leuthner        | 44  | Female 40-44 | Watertown    | MN    | 8:05:40  | 18:32 |
| F45-49  |     |                       |     |              |              |       |          |       |
| 1.      | 81  | Sarah Rowe            | 46  | Female 45-49 | New Brighton | MN    | 7:08:46  | 16:21 |
| F50-54  |     |                       |     |              |              |       |          |       |
| 1.      | 70  | Kim Caddell           | 50  | Female 50-54 | Durham       | NC    | 7:33:16  | 17:17 |
| F55-59  |     |                       |     |              |              |       |          |       |
| 1.      | 49  | Leigh Vanderholt      | 57  | Female 55-59 | Norwalk      | IA    | 6:24:47  | 14:41 |
| 2.      | 44  | Megan Kerr            | 58  | Female 55-59 | River Falls  | WI    | 6:51:56  | 15:43 |
| 3.      | 123 | Jennifer Christianson | 59  | Female 55-59 | Wayzata      | MN    | 8:01:19  | 18:22 |
| F60-64  |     |                       |     |              |              |       |          |       |
| 1.      | 27  | Leah Vanderholt       | 63  | Female 60-64 | Parkersburg  | IA    | 6:24:46  | 14:41 |
| F65-69  |     |                       |     |              |              |       |          |       |
| 1.      | 22  | Linda Elbert          | 66  | Female 65-69 | Zimmerman    | MN    | 6:17:38  | 14:24 |
| Male    |     |                       |     |              |              |       |          |       |
| M40-44  |     |                       |     |              |              |       |          |       |
| 1.      | 90  | Robert Despain        | 43  | Male 40-44   | Iowa City    | IA    | 7:51:45  | 18:00 |
| M50-54  |     |                       |     |              |              |       |          |       |
| 1.      | 59  | Brian Wicks           | 52  | Male 50-54   | Eden Prairie | MN    | 6:18:03  | 14:25 |
| M70-74  |     |                       |     |              |              |       |          |       |
| 1.      | 7   | Michael Kintner       | 73  | Male 70-74   | Mesa         | AZ    | 9:59:18  | 22:52 |

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| Pl.                          | Bib | Name               | Age | Age Group    | City                  | State | ChipTime | Pace  |
|------------------------------|-----|--------------------|-----|--------------|-----------------------|-------|----------|-------|
| Half Marathon                |     |                    |     |              |                       |       |          |       |
| Mixture of Walking & Running |     |                    |     |              |                       |       |          |       |
| Female                       |     |                    |     |              |                       |       |          |       |
| F25-29                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 118 | Madison Dornak     | 28  | Female 25-29 | Austin                | TX    | 3:15:19  | 14:54 |
| F40-44                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 101 | Christy Mollert    | 40  | Female 40-44 | Pine Island           | MN    | 3:14:04  | 14:48 |
| F45-49                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 75  | Jessica Dusbabek   | 48  | Female 45-49 | Delano                | MN    | 3:14:05  | 14:48 |
| 2.                           | 72  | Pam Sanders        | 49  | Female 45-49 | Eden Prairie          | MN    | 3:57:23  | 18:07 |
| F50-54                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 62  | Rose Alexander     | 51  | Female 50-54 | Elk River             | MN    | 3:18:53  | 15:10 |
| F55-59                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 53  | Stacy George       | 55  | Female 55-59 | Martindale            | TX    | 3:15:19  | 14:54 |
| 2.                           | 41  | Anne Peramaki      | 59  | Female 55-59 | Wetmore               | MI    | 3:43:29  | 17:03 |
| F60-64                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 34  | Maria Melichar     | 62  | Female 60-64 | Hawley                | MN    | 3:43:29  | 17:03 |
| F65-69                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 17  | Mary Alice Purcell | 68  | Female 65-69 | Bloomington           | MN    | 2:19:10  | 10:37 |
| F70-74                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 9   | Mary Jo Johnson    | 72  | Female 70-74 | Ogdensburg            | WI    | 2:58:44  | 13:38 |
| F75-79                       |     |                    |     |              |                       |       |          |       |
| DNS                          | 4   | Patricia Hagen     | 77  | Female 75-79 | Burnsville            | MN    |          |       |
| Male                         |     |                    |     |              |                       |       |          |       |
| M40-44                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 124 | Joshua Schmidt     | 44  | Male 40-44   | Norwood Young America | MN    | 2:51:12  | 13:04 |
| M50-54                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 69  | Dennis Alexander   | 50  | Male 50-54   | Elk River             | MN    | 3:18:52  | 15:10 |
| M60-64                       |     |                    |     |              |                       |       |          |       |
| 1.                           | 39  | Brian Melendez     | 61  | Male 60-64   | Minneapolis           | MN    | 3:36:17  | 16:30 |
| Nordic Walking               |     |                    |     |              |                       |       |          |       |
| Male                         |     |                    |     |              |                       |       |          |       |

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| M65-69                              |     |                        |     |              |               |       |          |       |
| 1.                                  | 15  | Rolf Turner            | 69  | Male 65-69   | Sauk Rapids   | MN    | 4:11:20  | 19:11 |
| Running                             |     |                        |     |              |               |       |          |       |
| Female                              |     |                        |     |              |               |       |          |       |
| F25-29                              |     |                        |     |              |               |       |          |       |
| 1.                                  | 119 | Maris Wood             | 26  | Female 25-29 | Rice          | MN    | 3:13:19  | 14:45 |
| 2.                                  | 117 | Leah Wehrs             | 29  | Female 25-29 | Saint Cloud   | MN    | 3:13:19  | 14:45 |
| Walking                             |     |                        |     |              |               |       |          |       |
| Female                              |     |                        |     |              |               |       |          |       |
| DNS 2 Karen Birkhold 80 Victoria MN |     |                        |     |              |               |       |          |       |
| F30-34                              |     |                        |     |              |               |       |          |       |
| 1.                                  | 114 | Ouchsathavara Poch     | 31  | Female 30-34 | Elk River     | MN    | 3:31:19  | 16:07 |
| 2.                                  | 115 | Hannah Peterson Mogard | 30  | Female 30-34 | Gaylord       | MN    | 4:06:58  | 18:51 |
| 3.                                  | 107 | Hannah Heinicke        | 34  | Female 30-34 | Saint Paul    | MN    | 4:13:39  | 19:21 |
| F35-39                              |     |                        |     |              |               |       |          |       |
| 1.                                  | 102 | Susan Underwood        | 37  | Female 35-39 | St. Paul      | MN    | 3:51:05  | 17:38 |
| 2.                                  | 103 | Taylor Carlson         | 37  | Female 35-39 | Shakopee      | MN    | 4:32:09  | 20:46 |
| F40-44                              |     |                        |     |              |               |       |          |       |
| 1.                                  | 99  | Alyssa Carlson         | 40  | Female 40-44 | Mayer         | MN    | 3:12:39  | 14:42 |
| 2.                                  | 97  | Savonn Khambong        | 40  | Female 40-44 | Saint Cloud   | MN    | 3:38:51  | 16:42 |
| 3.                                  | 134 | Crystal Pluym          | 43  | Female 40-44 |               |       | 3:45:38  | 17:13 |
| 4.                                  | 88  | Abigail Heiberger      | 44  | Female 40-44 | New Brighton  | MN    | 3:57:59  | 18:09 |
| DNF                                 | 91  | Peri Riddel            | 43  | Female 40-44 | Minneapolis   | MN    |          |       |
| F45-49                              |     |                        |     |              |               |       |          |       |
| 1.                                  | 131 | Angela Salgado         | 47  | Female 45-49 | Hudson        | WI    | 3:06:30  | 14:14 |
| 2.                                  | 78  | Marjorie Tracy         | 48  | Female 45-49 | Belle Plaine  | MN    | 3:18:09  | 15:07 |
| 3.                                  | 82  | Naomi Vallis           | 45  | Female 45-49 | Mercer Island | WA    | 3:57:59  | 18:09 |
| DNF                                 | 80  | Amy Mikkelsen          | 47  | Female 45-49 | Plymouth      | MN    |          |       |
| F50-54                              |     |                        |     |              |               |       |          |       |
| 1.                                  | 71  | Jennifer Olson         | 50  | Female 50-54 | Fargo         | ND    | 3:52:25  | 17:44 |
| 2.                                  | 130 | Holly Rutten           | 51  | Female 50-54 | Sartell       | MN    | 3:55:13  | 17:57 |
| 3.                                  | 64  | Darci Spangler         | 51  | Female 50-54 | Madison Lake  | MN    | 4:23:00  | 20:04 |
| 4.                                  | 68  | Cheri Kiminki          | 50  | Female 50-54 | Duluth        | MN    | 4:23:08  | 20:05 |
| 5.                                  | 56  | Elle Smolik            | 54  | Female 50-54 | Minnetonka    | MN    | 4:32:13  | 20:46 |

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| F55-59 |     |                     |     |              |              |       |          |       |
| 1.     | 55  | Theresa Leis        | 55  | Female 55-59 | Woodbury     | MN    | 3:39:41  | 16:46 |
| 2.     | 46  | Kathleen Heafey     | 57  | Female 55-59 | Minneapolis  | MN    | 3:44:23  | 17:07 |
| 3.     | 45  | Catherine Gunsbury  | 58  | Female 55-59 | Minneapolis  | MN    | 3:44:25  | 17:07 |
| 4.     | 42  | Lisa Briggs         | 59  | Female 55-59 | Minnetonka   | MN    | 3:45:45  | 17:13 |
| 5.     | 47  | Jane Greathouse     | 57  | Female 55-59 | Nicollet     | MN    | 4:22:57  | 20:04 |
| 6.     | 50  | Jennifer Klein      | 56  | Female 55-59 | Rosemount    | MN    | 4:23:08  | 20:05 |
| 7.     | 52  | Theresa Wallace     | 56  | Female 55-59 | Maple Plain  | MN    | 5:04:10  | 23:13 |
| F60-64 |     |                     |     |              |              |       |          |       |
| 1.     | 38  | Julie Apold         | 61  | Female 60-64 | Champlin     | MN    | 3:35:33  | 16:27 |
| 2.     | 30  | Pamela Michael      | 63  | Female 60-64 | Eden Prairie | MN    | 3:57:23  | 18:07 |
| 3.     | 26  | Kathryn McCabe      | 63  | Female 60-64 | Chicago      | IL    | 3:58:00  | 18:10 |
| 4.     | 35  | Morna Helbach       | 62  | Female 60-64 | Green Lake   | WI    | 4:04:55  | 18:41 |
| 5.     | 32  | Theresa Larson      | 62  | Female 60-64 | Minneapolis  | MN    | 5:51:46  | 26:51 |
| 6.     | 37  | Laura Arndt         | 61  | Female 60-64 | Minnetonka   | MN    | 5:51:48  | 26:51 |
| F65-69 |     |                     |     |              |              |       |          |       |
| 1.     | 24  | Lavonne Schaefer    | 65  | Female 65-69 | Eden Prairie | MN    | 3:04:01  | 14:02 |
| 2.     | 21  | Marysue Ingman      | 66  | Female 65-69 | Eden Prairie | MN    | 3:04:01  | 14:02 |
| 3.     | 20  | Kari Nelson         | 67  | Female 65-69 | Northfield   | MN    | 4:04:55  | 18:41 |
| 4.     | 16  | Vicki Schultz       | 68  | Female 65-69 | St. Paul     | MN    | 4:09:53  | 19:04 |
| 5.     | 23  | Jolene Johannes     | 65  | Female 65-69 | Wadena       | MN    | 4:23:06  | 20:04 |
| 6.     | 19  | Roxann Schmitz      | 67  | Female 65-69 | Kimball      | MN    | 5:04:09  | 23:13 |
| F75-79 |     |                     |     |              |              |       |          |       |
| DNS    | 5   | Candace Ogrady      | 76  | Female 75-79 | Omaha        | NE    |          |       |
| Male   |     |                     |     |              |              |       |          |       |
|        |     |                     |     |              |              |       |          |       |
| 1.     | 1   | Clyde Riddel        | 81  |              | Eagan        | MN    | 3:51:56  | 17:42 |
| M40-44 |     |                     |     |              |              |       |          |       |
| 1.     | 100 | Caleb McCabe        | 40  | Male 40-44   | New Brighton | MN    | 3:58:04  | 18:10 |
| M45-49 |     |                     |     |              |              |       |          |       |
| 1.     | 67  | Brian Hill          | 48  | Male 45-49   | Two Harbors  | MN    | 3:15:12  | 14:54 |
| 2.     | 79  | Mac Riddel          | 47  | Male 45-49   | Rosemount    | MN    | 3:51:55  | 17:42 |
| M60-64 |     |                     |     |              |              |       |          |       |
| 1.     | 31  | Jeff Lutz           | 62  | Male 60-64   | Forest Lake  | MN    | 4:09:53  | 19:04 |
| M65-69 |     |                     |     |              |              |       |          |       |
| 1.     | 25  | Theodore Whitehurst | 65  | Male 65-69   | Minneapolis  | MN    | 4:05:51  | 18:46 |

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| M70-74                       |     |                      |     |              |               |       |          |       |
| 1.                           | 8   | Harold McCabe        | 73  | Male 70-74   | Roseville     | MN    | 3:57:56  | 18:09 |
| DNS                          | 10  | Mike Kinter          | 73  | Male 70-74   | Mesa          | AZ    |          |       |
| 10k                          |     |                      |     |              |               |       |          |       |
| Mixture of Walking & Running |     |                      |     |              |               |       |          |       |
| Female                       |     |                      |     |              |               |       |          |       |
| F30-34                       |     |                      |     |              |               |       |          |       |
| 1.                           | 110 | Ashley Bildeaux      | 33  | Female 30-34 | Sartell       | MN    | 1:43:10  | 16:36 |
| F45-49                       |     |                      |     |              |               |       |          |       |
| 1.                           | 77  | Jeanne Wietstock     | 48  | Female 45-49 | Crystal       | MN    | 1:30:44  | 14:36 |
| Male                         |     |                      |     |              |               |       |          |       |
| M50-54                       |     |                      |     |              |               |       |          |       |
| 1.                           | 63  | Ryan Bernard         | 51  | Male 50-54   | Rockford      | MN    | 1:21:30  | 13:06 |
| Nordic Walking               |     |                      |     |              |               |       |          |       |
| Female                       |     |                      |     |              |               |       |          |       |
| F70-74                       |     |                      |     |              |               |       |          |       |
| 1.                           | 133 | Susan Otto           | 70  | Female 70-74 |               |       | 1:20:21  | 12:55 |
| Race Walking                 |     |                      |     |              |               |       |          |       |
| Female                       |     |                      |     |              |               |       |          |       |
| F70-74                       |     |                      |     |              |               |       |          |       |
| 1.                           | 11  | Anita Macias-Matters | 71  | Female 70-74 | Taylors Falls | MN    | 1:22:44  | 13:18 |
| Running                      |     |                      |     |              |               |       |          |       |
| Male                         |     |                      |     |              |               |       |          |       |
| M50-54                       |     |                      |     |              |               |       |          |       |
| 1.                           | 129 | Daniel Junewski      | 52  | Male 50-54   | Watertown     | MN    | 1:18:49  | 12:41 |
| Walking                      |     |                      |     |              |               |       |          |       |
| Female                       |     |                      |     |              |               |       |          |       |
| F25-29                       |     |                      |     |              |               |       |          |       |
| 1.                           | 121 | Madeline Peterson    | 25  | Female 25-29 | Saint Paul    | MN    | 2:16:19  | 21:56 |
| F30-34                       |     |                      |     |              |               |       |          |       |
| 1.                           | 109 | Yei Bhunah           | 33  | Female 30-34 | Coon Rapids   | MN    | 2:28:00  | 23:49 |
| 2.                           | 111 | Nyajale Nipnip       | 33  | Female 30-34 | Coonrapids    | MN    | 2:28:01  | 23:49 |

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| F40-44 |     |                   |     |              |               |       |          |       |
| 1.     | 92  | Sonya Weston      | 42  | Female 40-44 | Washington Dc | DC    | 2:07:49  | 20:34 |
| 2.     | 125 | Lindsay Kelley    | 43  | Female 40-44 | Maple Grove   | MN    | 2:07:54  | 20:34 |
| F45-49 |     |                   |     |              |               |       |          |       |
| 1.     | 132 | Carlson Carlson   | 47  | Female 45-49 | Edina         | MN    | 2:05:59  | 20:16 |
| 2.     | 74  | Melissa Birch     | 49  | Female 45-49 | Hackensack    | MN    | 2:08:57  | 20:45 |
| 3.     | 73  | Heather Carson    | 49  | Female 45-49 | Apple Valley  | MN    | 2:08:58  | 20:45 |
| F55-59 |     |                   |     |              |               |       |          |       |
| 1.     | 43  | Katrina Gustafson | 58  | Female 55-59 | Watertown     | MN    | 2:16:14  | 21:55 |
| 2.     | 51  | Lynn Coyle        | 56  | Female 55-59 | Grey Eagle    | MN    | 2:16:17  | 21:55 |
| F60-64 |     |                   |     |              |               |       |          |       |
| 1.     | 40  | Ruth Peterson     | 60  | Female 60-64 | Watertown     | MN    | 2:16:19  | 21:56 |
| F65-69 |     |                   |     |              |               |       |          |       |
| 1.     | 18  | Ruth Earley       | 67  | Female 65-69 | Farmington    | MN    | 2:16:23  | 21:56 |
| Male   |     |                   |     |              |               |       |          |       |
| 1.     | 126 | David Chase       | 87  |              | Willmar       | MN    | 1:29:53  | 14:27 |
| M45-49 |     |                   |     |              |               |       |          |       |
| 1.     | 83  | Justin Lanners    | 45  | Male 45-49   | Rochester     | MN    | 2:01:35  | 19:33 |
| M55-59 |     |                   |     |              |               |       |          |       |
| 1.     | 128 | Ramon Salgado     | 59  | Male 55-59   | Hudson        | WI    | 2:25:36  | 23:25 |
| M60-64 |     |                   |     |              |               |       |          |       |
| 1.     | 28  | Erwin Earley      | 63  | Male 60-64   | Farmington    | MN    | 2:16:23  | 21:56 |
| M75-79 |     |                   |     |              |               |       |          |       |
| 1.     | 3   | Paul R. Johnson   | 79  | Male 75-79   | Minnetonka    | MN    | 2:09:16  | 20:48 |